



OFF-ROAD DIRT BIKE EVENTS

Best Practices Toolkit

Revised: Jan 22, 2020

The PNWMA wishes to ensure there is a safe return to racing and ensure the racers, organizers, and spectators are following the guidelines laid out by the Province of BC.

Guidance for best practices is adapted from the collective input from a diverse group of motorsports professionals, inclusive of the GNCC, AMA, and a number of other motorsport organizations, with the common goal to reopen motorcycle recreational riding areas. All aspects of the collective task force effort are based on a full understanding of necessary safe practices, including safe distancing and Personal Protective Equipment (PPE) requirements, local, provincial and national guidelines and the generally accepted attention to public health that will be expected of every Host Club planning to conduct a race event in this COVID-19 changed environment.

The World Health Organization (WHO) recommends that event organizers consider the following three phases in planning appropriate preparedness health measures for sporting events:

- A. **Planning phase** – the period before the event when operational plans for health and security services during the event are developed, tested and revised;
- B. **Operational phase** – the period after plans are finalized and event services are implemented; and
- C. **Post-event phase** – the period after the event finishes when participants are returning home and organizers are reviewing the event results and any follow-up actions that may be necessary, including reviewing lessons learned.

It is the mission of the PNWMA to provide guidelines and best practices consistent with current health and safety standards for social distancing to enable off-road dirt bike events (outdoor recreation facilities) to resume limited operations. These limited operations will be conducted with full regard to public safety guidelines regarding social distancing and proper health measures to limit or eliminate exposure.

To accomplish this goal, the events will initially be planned to be restricted to 50 riders per race, however, are subject to the restrictions of BC Public Health Orders at the time of event. There will be 3- 4 separate races in a weekend, spread out to avoid clusters. Sign up, riders meeting and staging will be designed to avoid clusters of riders and ensuring the social distancing guidelines will be enforced, PPE will be required in accordance with BC guidelines, food and merchandise sales will be limited or eliminated, and health and safety messaging will be prominent throughout the facility.

The following plan is submitted for amateur racing for off-road dirt bike single track courses.



A. PLANNING PHASE

During the Planning Phase, The Host Club is to consult with the PNWMA to develop a health plan tailored for the physical area and the race event that meets the current guidelines as set forth by the BC Public Health Office, and BC Center for Disease Control (BCCDC). This includes contacting local RSTBC officials and developing a direct line of communication.

b. Contact with RSTBC:

Contact with the local RSTBC official is important. Review the plan and obtain approval for the race/event. The Host Club should appoint a liaison person to be the key contact with officials. Regular contact should be maintained throughout the planning period to share information, risk assessments, and plans. Furthermore, The Host Club should appoint a Health Representative who shall be both knowledgeable of all aspects of the Safe-to-Race Plan and responsible for implementation of these guidelines at the facility.

c. Risk Assessment:

The decision to host any event of any size or to restrict, modify, postpone or cancel an event should be based on a thorough risk assessment. The WHO recommends organizers take into account specific features when assessing the risks of their event. These include:

- Crowd density
- Nature of contact between participants
- Indoors vs. outdoors
- Registered vs. non-registered participants
- Age of participants and their potential to be in a high-risk group
- Profession of the participants and their possible previous exposure
- Number of participants coming from countries of areas affected by the COVID-19 outbreak within 14-days of the event
- Duration of the event

Off Road Dirt Biking is an activity conducted at an outdoor, well-ventilated, fresh-air facility situated on hundreds, of acres, generally located in rural areas. These venues provide plenty of space to easily accommodate physical distancing guidelines. There is no fixed or permanent seating any spectators are few.

Courses range from 15km to 50km in length and from 3 to 20 feet in width. Most of the course is woods riding. These courses are narrower and allow a more isolated riding experience.

Riders arrive in their personal transport vehicles, including but not limited to pick-up trucks, vans, motorhomes or campers. Accompanied mostly by one or two family members, they park and pit as a family unit, and are spaced wide apart through-out the facility.

Registration is required in order to participate. Riders bring their own motorcycles and their own riding equipment. Protective gear worn by off road riders includes full-face helmet, protective eyewear (goggles), gloves, boots, long-sleeve jersey, race pants, etc. They do not share their



equipment.

Most riders are young, healthy and athletic, and include riders as young as 13 years old. They are not members of the elderly or the COVID-19 high-risk community. Most riders are students or young blue-collar professionals, and generally live within a 400-km radius of the event they are attending.

One key consideration for hosting a sporting event in the context of the current COVID-19 outbreak is whether the sport could be considered a lower or higher risk. Lower risk sports are those where physical distancing is possible. These will be even less of a risk if physical distancing advice for racers, pit crew and spectators is followed.

The goal for an off-road rider is to NOT come into contact with another rider. Given the key considerations above, off road dirt riding is a lower risk sport.

Initially, the resumption of activity will have limited numbers of participants and in compliance with social distancing guidelines. As the health situation improves, ultimately, competition will be resumed in full.



B. OPERATIONAL PHASE

1. Messaging & Risk Communication:

Regular communication between The Host Club, The PNWMA, participants and the local community where applicable, before, during and after the event is key. Key messaging should be coordinated and consistent. We do not want to give conflicting information.

This communication should include:

- Sharing information with public officials;
- Sharing information with participants on how to access health advice; and
- Sharing information with local population where applicable to alleviate health fears and concerns.

There are several ways to get your message out. Most effective means before and after an event include:

- PNWMA and Host Club website posts
- PNWMA and Host Club email list
- PNWMA and Host Club social sites

Messaging during an event usual involves:

- on-site signage
- on-site public address (PA) system

It is important to instill confidence in participants that good hygiene practices are in place.

The PN will prepare a well-designed signage package with appealing graphics and informative content, placed in prominent locations throughout the facility, that is easy to read and guides participants on best practices. Support this messaging with friendly and informative PA announcements throughout the event.

Here are some messages that organizers should make available for their events:

Prior to the event:

We hope to see you at our event. But your health and safety are most important to us. Here are some things you need to consider before your visit:

- Medics onsite the entire day
- Advance registration preferred to avoid contact with our volunteers. It's fast, easy and safe
- Request PN License and Race Entry Sign Up Cards at front gate and bring completed to Registration
- Bring your own pen for Registration. We won't share
- Protective barrier installed between staff and riders for Registration
- Cash sales require exact change. We won't give you change








- Be prepared to take your trash home with you. We don't want it
- The BC Public Health Office mandates persons who are sick with fever or cough, elderly or at high risk to stay at home. We do too. Please do not attend our event if you are at risk.
- Please take your temperature before you leave home. If you have a temperature of at least 100.4 you have a fever and should stay home.
- If you know you have had contact with someone diagnosed with having COVID-19 in the last 14 days, please stay home.
- Respect the local community – practice safe distancing and cleanliness if stopping at a local business

During the event:

We're glad you're here! Your health and safety remain our priority. Here are some things you need to know during your visit:

- Practice social distancing – stand 6' apart
- Wear facemasks or helmets when closer than 6' of others
- Use handwashing station often
- Don't touch your face
- Park no less than 10' apart from your neighbor
- If you are sick, please go home. You should not be here
- If you start to feel sick, go home and call you doctor
- If you are considered 'high risk', go home and visit us when it's safe to do so
- When not on course, please remain in your pit area.
- Don't roam or visit your neighbors.
- "Leave No Trace" – Take your trash home with you

The PN will provide the following signage:

Name of Sign	Purpose	Location	Qty	Size	Material	Example of signage
Social Distancing	Reminders for Racers and Pits to keep distance at all times.	Throughout event area	12	12 x 14	Coroplast	
Bring your own Pen	Reminders for Racers there are no pens on site to sign waivers	At entrance of area and registration area	2	12 x 14	Coroplast	
Wear Mask when no Helmet	Reminders for Racers of a mask requirement	At entrance of area and registration area	3	12 x 14	Coroplast	
Covid Guidelines	Lay out the Covid Guidelines and considerations for the event	At entrance of area and registration area	2	24 x 36	Coroplast	
Class Markers	Laying out the start	Start of Race	15	12 x 18	Coroplast	
Health Check Reminder	Reminder to consider their health before being allowed to enter event	At entrance of area and registration area	2	12 x 14	Coroplast	
Registering for a race	A reminder of the new procedures for racers and pit crew.	At registration area	1	24 x 36	Coroplast	
Race Day Timing and Class Splits	Blank Coroplast to outline the timing for the two day events. Different for each race is a list of races and which classes are running	At registration area		24 x 36	Coroplast	



2. Staff Health & Safety:

- a. Prior to opening all volunteers will receive a safety briefing on the proper conduct of personal safety measures, including use of Personal Protective Equipment (PPE) and the social distancing policy for each functional area of the facility for both themselves and for participants. Safety briefings will be done separately for event registration and track crew.
- b. PPE will be issued to all event volunteers based on their work location and function.
 - The following positions have Masks and Gloves at all times when within 6ft of others.
 - Event entrance
 - Rider registration volunteers
 - Race officials
 - Remaining volunteers will be required to wear facemasks anytime they are within 6 feet of the public or each other.
 - All staff will have ready access to hand sanitizer at or near their workstations, which will be sanitized frequently. There will be a ready supply of PPE, sanitizing wipes, hand sanitizer, soap maintained throughout the event.
- c. Shared equipment, tools, microphones, radio equipment, etc., should be sanitized before and in-between use.
- d. **No communal food or beverage items. No concession.**
- e. First Aid will have the appropriate PPE as is now best practice in the medical field.

3. Participant Health & Safety:

'Participant' includes riders, crew members, guests, spectators and all persons onsite.

- a. Advance online entry and electronic sign up and waivers for hands-free registration will be adopted where possible. Where not possible, disposable pens will be provided, and riders encouraged to bring own pens.
- b. Participant parking will be spaced out to maintain approximately 10 feet between vehicles and will be organized in accordance with social distancing guidelines.
- c. Competition Rules will be modified to meet social distancing guidelines where possible and/or necessary. Riders Meetings will be conducted via FM transmitter or via PA.
- d. Signs will be displayed at entry gates and throughout the facility regarding proper safe health practices and use of facemasks.
- e. First Aid Station will be provided at all events as normal.

4. General Measures:

- a. **Food services will initially be limited. Based on current health standards in place as the season progresses, more food services may be offered, but with limits on lines and social distancing enforced.**
- b. Permanent and portable restrooms will be operated in accordance with community health standards. Each restroom will be sanitized on a regular basis and be equipped with a



self-contained hand sanitizer.

- c. Unnecessary promotional activities will be eliminated: i.e., no autograph sessions, no VIP/promotional activities, no kids' activities, no large opening ceremonies, no large podium celebrations, etc.
- d. Display/Vendor stands where applicable will be operated in accordance with local health standards. The number of participants per display/vendor area will be limited in accordance with social distancing guidelines. Vendors must have sanitizers at their work areas.

C. POST-EVENT PHASE

Each event will conduct a post-event review. The following should be considered:

1. After the event:

In the event public health authorities suspect a COVID-19 transmission incident has occurred, organizers and participants should fully support the response of authorities.

- Organizers must meet with public health authorities and provide full disclosure of information about all symptomatic participants, if known.
- Persons who develop symptoms during the event should cooperate and isolate themselves, seek medical attention, and inform the appropriate public health authorities about their potential exposure, both in the area where the event was held and their home area.

2. Lessons Learned:

As always, it will be important for lessons from any event to be identified through review after the event so that they can be shared with other event organizers. We learn from our successes and our mistakes.

3. Legacy:

Organizing public events during a global pandemic is unusual to say the least, and presents unique health challenges, but it can be done depending on the risk assessment. Host Clubs should see any such event as an opportunity to enhance their own practices and procedures and to incorporate these new policies into future best practices.

We can do this!

Appendix A: Safe-to-Race Best Practices: Off-Road

Appendix B: Event Entry and Waiver of Liability Forms

Appendix C: Resources



APPENDIX A Safe-to-Race Best Practices: Off-Road



**BEST PRACTICES:
OFF-ROAD**

To address COVID-19 challenges at off road dirt biking events and instill confidence in racers, fans, volunteers and authorities, experienced members of the motorsports industry pooled their collective knowledge to develop best practices to for off road dirt biking events in BC, to resume limited operations in accordance with current health and safety standards for social distancing.

Protocols were based on current information from the CDC, BC Public Health Office and variety of North American racing organizations.

To accomplish this goal, events will initially have restricted participants, social distancing guidelines will be enforced, PPE will be required in accordance with CDC guidelines, food sales will be limited, and health and safety messaging will be prominent throughout the facility.

Organizer is ready to host the race/event in accordance with local, provincial and federal regulations using the following best practices.

Name of Host Club: _____

Location of Event: _____

Proposed Event Date: _____ Length: _____

Organizer Health Executive In-Charge (HEIC): _____

Email: _____

Cell: _____

PARTICIPANTS ADMITTED: _____

As authorized by health officials and in accordance with 6-foot social distancing guidelines and venue capacity ratios


ALL EVENTS:

- The Host Club is required to define The Event area with tape marking and signage. The Event Area needs a clear entrance and exit and is for Participants and 1 pit crew member only. Within the Event area will be the following:
 - PN Scoring
 - PN Registration
 - Club Registration
 - Start Area – Class markers spread to ensure no crowding
 - Finish Area
 - Pit Area

The event area should not include any camping or off-loading areas. Those areas are not restricted to Event Participants and are open to the public.

- Signage to be posted at the event to remind racers and crew of Covid Protocols. Use signage to reinforce that mission.

- PN Scoring Team will bring the following signage on coroplast, to be posted by the Host Club.

Name of Sign	Purpose	Location	Qty	Size	Material	Sample
Social Distancing	Reminders for Racers and Pits to keep distance at all times.	Throughout event area	12	12 x 14	Coroplast	
Bring your own Pen	Reminders for Racers there are no pens on site to sign waivers	At entrance of area and registration area	2	12 x 14	Coroplast	
Wear Mask when no Helmet	Reminders for Racers of a mask requirement	At entrance of area and registration area	3	12 x 14	Coroplast	
Covid Guidelines	Lay out the Covid Guidelines and considerations for the event	At entrance of area and registration area	2	24 x 36	Coroplast	

- Pre-event online messaging will be used to educate participants about social distancing and reminding them to stay home if symptomatic

- The Host Club should have a ready supply of PPE equipment: masks, gloves, disinfectant cleaner, hand sanitizer. To assist with the cost of PPE the PN Scoring will travel with the following:

- The PN Scoring Team will bring:
 - One hand wash station. 5 Gallon wash.
 - Box of Masks for Scoring Team, Volunteers.
 - Box of gloves for those in need of hand protection
 - Hand Sanitizer – 4 x 0.5 Liter bottles
 - Disinfectant – 2 x 0.75 Liter bottles
 - Paper Towels for hand wash and disinfectant cleaning

Note: Racers are required to provide their own masks and gloves when not wearing gear.

- The Host Club is responsible for the cleaning, sanitization and maintenance of all workstations (except the PN Scoring Tent before, during and after an event.

- Hand sanitizer stations located near portable restrooms

6. Hand sanitizer located at all event workstations

Event Entry Area:

1. The entrance to the Event should be clearly defined.
2. Prior to entering the event everyone is required to sign the following and receive an event wristband:
 - PN License and Registration Form and Waiver (once a year)
 - Event Registration Form and Waiver – All Racers and Pit Crew
 - Event Attendee General Waiver
 - Covid-19 Waiver Form or Covid-19 Minor Waiver Form (under 19) – All racers and event attendees

The forms will be available online to download and pre-print. As well we will have forms pre-printed and ready for any who require. Touchless pickup.

Forms will be collected in bins, no touch required. The PN Scoring team will have some disposable pens for those who do not bring their own, but racers will be asked to bring their own.

Staging Parking:

1. Vehicles must park leaving no less than 10 feet apart on all sides
2. Parking will be monitored and enforced throughout day by volunteers
3. Guests will be instructed to remain in their chosen pit area unless going to/from registration, concessions (if allowed) or event course

Rider Registration (See diagrams for additional details):

1. Advance registration encouraged
2. Marked line positions 6 feet apart
3. Designated Advance and On-Site registration lanes
4. Plexiglass or other suitable barrier separating clerks and riders
5. Hand sanitizers at tables
6. Rider required to sign release.
7. Rider must use own pen; pens will not be shared or reused
8. On-site registration available with safety precautions in place to limit volunteer/rider interaction
9. Cash sales require exact change unless sanitized money available

POST-C19**SERIES REGISTRATION & RACE ENTRY****SERIES REGISTRATION**

- **ONLINE:** All racers encouraged to pre-enter online.
- **RACE DAY:**
 - Pre-Entry receive package, Sign License Waiver, front and back of yellow card.
 - Race Day Entry – pick up form at table. Bring a pen, drop registration (yellow card) in bucket. One person at table at a time.
 - Cash exact payment only, deposit in box.
 - Box Marked P for PN License Money
 - Box for Yellow Forms

**RACE ENTRY**

- **PRE-ENTRY ONLINE:** All racers encouraged to pre-enter online.
- **RACE DAY:**
 - Pre-Entry receive package, Sign Event Entry (Blue), Sign Covid Waiver (Pink) front and back of card.
 - Race Day Entry – Bring a pen, drop entry card (blue) in bucket. One person at table at a time.
 - Cash exact payment only, deposit in box.
 - Box Marked C for Club Money
 - Box for Blue and Pink Forms

**POST-C19****TOUCHLESS SIGN UP PROCEDURE****Pre-Entry Fast Lane Procedure:**

- Wait at line marker at least 3ft from table and barrier.
- Announce name and indicate if you have an existing transponder.
- Approach the table
 - Scan helmet on reader and stay on the distance marker.
- Deposit
 - If not pre-paid
 - Put exact cash in money bins. \$40-\$60 for registration, \$XX for race.
- Retrieve
 - Leather Tag
 - Transponder if needed
 - Race Sticker
- Move out of sign up area

Slow Lane Procedure:

- Wait at line marker at least 3ft from table and barrier.
- If you have a license
 - Scan your helmet on reader and stay on the distance marker.
- If you do not have a license stand at the marker
 - Give your name, birthdate, city, class and bike information to signup person.
- Deposit
 - Yellow and or blue card in the bins
 - Put exact cash in money bins. \$40-\$60 for registration, \$XX for race.
- Retrieve
 - Leather Tag
 - Transponder if needed
 - Race Sticker
- Move out of sign up area



POST-C19 SIGN UP PLAN



SIGN UP
TABLE
NO PENS



12 X 12 POPUP



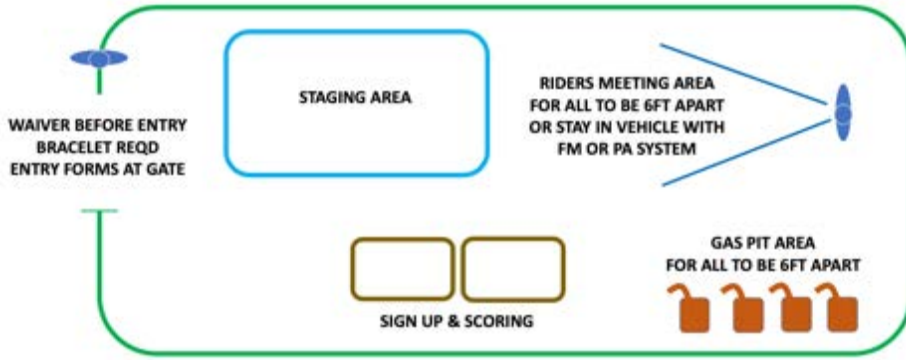
12 X 12 POPUP



GENERATOR: MAKE
SURE THE CLUB HAS
PROVIDED POWER!

POST-C19 EVENT ZONE – CREATE AN EVENT ENTRY

Entrance to race area to be created to manage crowd liability and agreement of the rules.



POST-C19 EVENT ENTRY

Narrow the Entrance to the Event to provide information and have each entrant sign a waiver and receive a wristband.

- Sign General Liability Waiver at entrance:
 - Racer – yellow bracelet
 - Spectator – blue bracelet
- Hand out PN License Forms and Race Forms as required.



Start Area/Track Entrance:

1. No close contact required
2. Limited to rider and one support crew, support crew must wear mask.
3. Riders must be in full gear, including helmet
4. Rider must remain with the motorcycle
5. Riders called one at a time to their staging position; positions are numbered with ample space for separation

First Aid:

1. First Aid, equipped with PPE

COMPETITION EVENTS**In addition to the above, the following practices will be implemented for competition events:**

1. Competition Rules will be modified to meet social distancing guidelines
2. Riders Meeting will be conducted over the PA and/or by FM transmitter; no group gatherings
3. Masks will be required in the Start Area by volunteers
4. Riders wearing helmets will not be required to wear masks
5. Racers are directed to the start line one by one based on gate pick number for their class.
6. Results will be posted online and in different locations around facility to avoid congregating
7. No podium celebrations or interviews



APPENDIX B – Entry and Waiver Forms

PNWMA LICENSE FORM – YELLOW CARDS

PNWMA BCORCS SERIES REGISTRATION FORM

Name: _____ Year: _____
 Address: _____ Date: _____
 City: _____ Prov: _____ Postal Code: _____
 Email: _____ Phone: _____
 Birthdate: _____ Age: _____
 Emergency Contact: _____ Ph: _____
 Motorcycle Make/Model and Engine Size: _____

AMOUNT OWING: \$ _____

RACER #: _____
SCORING TEAM TO ENTER

Licenses (circle one)	
Individual Annual License	\$40
Weekend License	\$20
Family Annual License (2 trans)	\$60
Family Weekend License (2 trans)	\$30
Extra Transponders \$5 each	\$5 Each

Mark X	Class #	Class Name	Course	Description	Mark X	Class #	Class Name	Course	Description
	1000	Masters*	A	Fastest riders, any age, any size engine.		7500	Legends	B	60 years or older, any size engine.
	2000	Expert	A	Fast riders, any size engine. A course.		8000	Vet Amateur	B	30-39 years, any size engine.
	3000	Vet Expert	A	Fast riders 30-39 years, any size engine.		9000	Senior Amateur	B	40-49 years, any size engine.
	4000	Intermediate	A	Experience riders, any size engine.		10000	Junior Over	B	Novice and beginners, 16 years or older, any size engine.
	5000	Senior Expert	A Short Time	Fast riders 40-49 years, any size engine.		11000	Women Intermediate	B	Novice to experienced women, any size engine.
	6000	Women Expert	A Short Time	Fast riders, any size engine. A course.		12000	Junior Under	B	Novice and beginners, 15 years or younger, any size engine.
	7000	Super Senior	B	50 years or older, any size engine.		13000	Women Amateur	B	Novice and beginners, any size engine.

*Permission required to enter this class.

Women have the option of entering any class, based on ability.

******* FLIP CARD OVER & READ CAREFULLY *******

RELEASE OF LIABILITY FOR MYSELF OR MY MINOR, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT BY SIGNING THIS DOCUMENT, YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE. PLEASE READ CAREFULLY

In full or partial consideration for allowing my/our minor to participate in all related events and activities of the PNWMA (any BCORCS/BCEXCS EVENT) I hereby warrant and agree that: I am familiar with and accept that there is the risk of serious injury and death in participation, whether as a competitor, student, official or worker, in all forms of motor sport and in particular in being allowed to enter, for any reason, any restricted area; and I have satisfied myself and believe that I/my minor am physically, emotionally and mentally able to participate in any BCORCS/BCEXCS EVENT, and that my/my minor's protective clothing, gear and equipment is fit and appropriate for my/my minor's role as participant in any BCORCS/BCEXCS EVENT; and I/my minor understand that all applicable rules for participation must be followed, regardless of my/my minor's role, and that at all times during any BCORCS/BCEXCS EVENT the sole responsibility for my/my minor's personal safety remains with me and my minor; and I will immediately remove myself or my minor from participation, and notify the nearest official, if at any time I or my minor sense or observe any unusual hazard or unsafe condition or if I feel that I have experienced any deterioration in my physical, emotional or mental fitness, or that of my/my minor's protective clothing, gear or equipment, for continued safe participation in any BCORCS/BCEXCS EVENT. I UNDERSTAND AND AGREE, ON BEHALF OF MYSELF OR MY MINOR, MY OR HIS/HER HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN THAT MY EXECUTION OF THIS DOCUMENT CONSTITUTES: AN UNQUALIFIED ASSUMPTION BY ME OF ALL RISKS associated with my/my minor participation in any BCORCS/BCEXCS EVENT even if arising from the negligence or gross negligence, including any compounding or aggravation of injuries caused by negligent rescue operations or procedures, of the Releasees, as that term is defined below, and any persons associated therewith or otherwise participating in any BCORCS/BCEXCS EVENT in any capacity; and (1) A FULL AND FINAL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS that I or my minor have, or may in the future have, against any person(s), entities, or organization(s) associated in any way with any BCORCS/BCEXCS EVENT including the land owner and lessees, track owners and lessees, promoters, sanctioning bodies, racing associations, or any subdivision thereof, track operators, sponsors, advertisers, car owners and other participants, rescue personnel, event inspectors, underwriters, consultants and others who give recommendations, directions or instructions or engage in risk evaluation and loss control activities, regarding any BCORCS/BCEXCS EVENT or event premises, or any one or more of them and their respective directors, officers, employees, guides, contractors, agents and representatives (all of whom are collectively referred to as "the Releasees") from any and all liability for any loss, damage, injury or expense that I or my minor may suffer as a result of my/my minor's use of or my or my minor's presence at the event facilities or my/my minor's participation in any part of, or my presence in any capacity at, any BCORCS/BCEXCS EVENT, due to any cause whatsoever, INCLUDING NEGLIGENCE, GROSS NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE RELEVANT OCCUPIERS LIABILITY ACTION ON THE PART OF THE RELEASEES. (2) AN AGREEMENT NOT TO SUE THE RELEASEES for any loss, injury, costs or damages of any form or type, howsoever caused or arising, and whether directly or indirectly from my or my minor's participation in any aspect(s) of any BCORCS/BCEXCS EVENT; and (3) AN AGREEMENT TO INDEMNIFY, and to SAVE AND HOLD HARMLESS THE RELEASEES, and each of them, from any litigation expense, legal fees, liability, damage, award or cost, of any form or type whatsoever, they may incur due to any claim made against them or any one of them by me or on my behalf, or that of my estate, whether the claim is based on the negligence or the gross negligence of the Releasees or otherwise as stated above. (4) AN AGREEMENT THAT this document be governed by the laws, and in the courts, of the Province in which any BCORCS/BCEXCS EVENT occurs.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN SUBSTANTIAL LEGAL RIGHTS WHICH I OR MY MINOR CHILD AND MY OR HIS/HER HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST THE RELEASEES. I SIGN THIS DOCUMENT VOLUNTARILY AND WITHOUT INDUCEMENT RELEASE & INDEMNITY AGREEMENT

PLEASE READ BEFORE SIGNING I and my minor hereby give up all rights to sue or make any claim for damages due to negligence or any other reason whatsoever against the host club and/or the promoters, sponsors, and all other persons, participants or organizations conducting or connecting with this event, for injury to property or person I or my minor may suffer, including crippling injury or death, while participating at this event. My or my minor's participation is totally voluntary, and I or my minor accept all responsibility for safe and legal operation of my motorcycle. By my signature below, I indicate that the foregoing information has been read and accepted.

Signature: _____ Date: _____ Witness: _____ Date: _____

Signature of Parent or Guardian: _____ Print Name of Parent or Guardian: _____



RACE ENTRY FORM – BLUE CARD



BCORCS Event: _____ Host Club: _____ OWING \$ _____

Name (Participant): _____ PN Number: _____ PRE-PAID

City: _____ Prov: _____ Phone: _____

Email: _____ Age: _____

Emergency Contact at this event: _____ Ph: _____

X	Class #	Class Name
	1000	Masters
	2000	Expert
	3000	Vet Expert
	4000	Intermediate
	5000	Senior Expert
	6000	Women Expert
	7000	Super Senior
	7500	Legends
	8000	Vet Amateur
	9000	Senior Amateur
	10000	Junior Over
	11000	Women Intermediate
	12000	Junior Under
	13000	Women Amateur
		Sportsman
		Sportsman Over
		Sportsman Under

Personal Accountability Agreement:

I UNDERSTAND AND AGREE, on behalf of myself, my heirs, assigns, personal representatives and next of kin, that my participation in the EVENT is not permitted without my execution of this document. I hereby warrant and agree that: I know that there are significant risks including the risk of serious injury or death associated with participation, whether as a competitor, student, official or worker in all forms of motor sport and in particular in being allowed to enter, for any reason, any restricted area; and I acknowledge and accept these risks and all other risks associated with participation in this EVENT even if arising from negligence or gross negligence, including any worsening of injuries caused by negligent rescue operations or procedures, of the event organizer, the event venue(s) and of any and all persons associated therewith or participating therein; and I understand that all applicable rules for participation must be followed, regardless of my role, and that at all times THE SOLE RESPONSIBILITY FOR MY PERSONAL SAFETY REMAINS WITH ME; I will immediately remove myself from participation in the EVENT and notify the nearest official, if at any time I sense any unusual hazard or unsafe condition or if I feel that I have experienced any deterioration in my physical, emotional or mental fitness, or that of my protective clothing, gear or equipment, for continued safe participation in the EVENT; and I am years of age.

I, the undersigned, have read, understood and voluntarily signed this agreement and hereby apply for admission to this event.

Signature of participant: _____

***** FLIP CARD OVER TO SIGN RELEASE AND THE MINOR WAIVER IF PARTICIPANT IS UNDER 19 YEARS*****

Release & Hold Harmless Agreement:

I hereby release the PNWMA and the HOST CLUB, its officers, directors, event officials, marshals, checkers, members, agents, employees, or representative individuals from liability for any loss, damage, injury or death, whether or not caused by negligence. I hereby hold harmless and agree not to sue the host club or any party mentioned above. I hereby assume full responsibility for, and risk of injury, death, or property damage while enrolled and participating in any activity of the PNWMA or the host club. I hereby accept that this Release and Hold Harmless Agreement is intended to be as broad and inclusive as law permits. I hereby agree to strictly follow all safety rules, instructions, and directions given by event officials, marshals and checkers of the host club. The participant acknowledges they are an occupier of owner's premises and owes a duty to take care as outlined in Occupier's Liability Act, Section 3 in B.C.

I, the undersigned, have read, understood and voluntarily signed this agreement and hereby apply for admission to this event.

Signature of participant: _____

MINOR WAIVER

In full or partial consideration for allowing my minor child/ward named _____ to participate in all related activities of the EVENT, I hereby warrant and agree that: I am the parent/guardian having full legal responsibility for decisions regarding my minor child/ward, named above; and I am familiar with and accept, on behalf of myself and my minor child/ward, that there is the risk of serious injury and death in participation, whether as a competitor, student, official or worker, in all forms of motor sport and in particular in being allowed to enter, for any reason, any restricted area; and I have satisfied myself and believe that my minor child/ward is physically, emotionally and mentally able to participate in this EVENT, and that his/her protective clothing, gear and equipment is fit and appropriate for his/her use in this EVENT; and I understand, and will instruct my minor child/ward, that regardless of his/her role, all applicable rules for participation must be followed and that at all times the sole responsibility for personal safety remains with my minor child/ward; and I will immediately remove my minor child/ward from participation, and notify the nearest official, if at any time I sense or observe any unusual hazard or unsafe condition or if I feel that my minor child/ward has experienced any deterioration in his/her physical, emotional or mental fitness, or that of his/her protective clothing, gear or equipment, for continued safe participation in the EVENT; I UNDERSTAND AND AGREE, ON BEHALF OF MY MINOR CHILD/WARD, HIS/HER HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN, MYSELF, MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN THAT MY EXECUTION OF THIS DOCUMENT CONSTITUTES: AN UNQUALIFIED ASSUMPTION OF ALL RISKS associated with participation in the EVENT by my minor child/ward even if arising from negligence or gross negligence, including any compounding or aggravation of injuries caused by negligent rescue operations or procedures, of the event organizer, the event venue(s) and of any persons associated therewith or participating therein; and (2) A FULL AND FINAL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS that I have or may in the future have against any person(s), entities, or organization(s) associated in any way with the EVENT including the track owners and lessees, promoters, sanctioning bodies, racing associations, or any subdivision thereof, track operators, sponsors, advertisers, vehicle owners and other participants, rescue personnel, event inspectors, underwriters, consultants, and others who give recommendations, directions or instructions, or engage in risk evaluation and loss control activities, regarding the EVENT or event premises, or any one or more of them, and their respective directors, officers, employees, contractors, agents and representatives (all of whom are collectively referred to as "the Releasees") from any and all liability for any loss, damage, injury or expense that my minor child/ward may suffer, or that his/her next of kin may suffer as a result of his/her use of or presence at the event facilities or my child's/ward's participation in any part of, or presence at, the EVENT, due to any cause whatsoever, INCLUDING NEGLIGENCE, GROSS NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE RELEVANT OCCUPIERS LIABILITY ACT ON THE PART OF THE RELEASEES; and (3) AN AGREEMENT NOT TO SUE THE RELEASEES for any loss, injury, costs or damages of any form or type, howsoever caused or arising, and whether directly or indirectly from the participation of my minor child/ward in any aspect of the EVENT; and (4) AN AGREEMENT TO INDEMNIFY, and to SAVE AND HOLD HARMLESS the RELEASEES, and each of them, from any litigation expense, legal fees, liability, damage, award or cost, of any form or type whatsoever, they may incur due to any claim made against them or any one of them whether the claim is based on the negligence or the gross negligence of the Releasees or otherwise; (5) AN AGREEMENT that this document be governed by the laws of the Province in which the EVENT occurs.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN SUBSTANTIAL LEGAL RIGHTS WHICH MY MINOR CHILD/WARD, HIS/HER HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS AND I AND/OR MY MINOR CHILD/WARD MAY HAVE AGAINST THE RELEASEES. I SIGN THIS DOCUMENT VOLUNTARILY AND WITHOUT INDUCEMENT

Printed Name: _____ Signature of Parent/Guardian: _____



PNWMA COVID-19 ACKNOWLEDGEMENT AND WAIVER ADULT



BCORCS COVID-19 PARTICIPANT AGREEMENT – ADULT (OVER 18 YEARS OF AGE)

HOST CLUB: _____ EVENT NAME: _____

I agree to abide by the following points when in attendance of a PNWMA and/or HOST CLUB Event and/or participating in activities under the PNWMA Race Resumption Plan inclusive of the COVID-19 Response plan and Return to Racing Protocol:

- I agree to symptom screening checks and will let my club know if I have experienced any of the symptoms in the last 14 days.
- I agree to stay home if feeling sick and remain home for 14 days if experiencing COVID-19 symptoms.
- I agree to sanitize my hands upon entering and exiting the event, with soap or sanitizer.
- I agree to follow social distancing protocols of staying at least 2m away from others.
- I agree to not share any equipment.
- I agree to by all of the Host Club's and PNWMA COVID-19 Policies and Guidelines
- I understand that if I do not abide by the aforementioned policies/guidelines, that I may be asked to leave the event.
- I acknowledge that continued abuse of the policies and/or guidelines may result in suspension of my PN License temporarily.
- I acknowledge that there are risks associated with entering the race event area and/or participating in race activities, and that the measures taken by the club and participants, including those set out above and under the **PNWMA Race Resumption Plan**, will not entirely eliminate the risk of contracting COVID-19 and/or other communicable diseases.

I also agree to follow Covid protocols anywhere outside of the race zone, when in staging areas, parking lots and camping areas. I am aware if I act irresponsibly it will reflect on our racing series and possibly result in the cancellation of future races.

Initials _____

Release & Hold Harmless Agreement:

I hereby release the PNWMA and the HOST CLUB, its officers, directors, event officials, marshals, checkers, members, agents, employees, or representative individuals from liability for any loss, damage, injury or death, **whether or not caused by negligence**. I hereby hold harmless and agree not to sue the host club or any party mentioned above. I hereby assume full responsibility for, and risk of contracted a disease, injury, death, or property damage while enrolled and participating in any activity of the PNWMA or the host club. I hereby accept that this Release and Hold Harmless Agreement is intended to be as broad and inclusive as law permits. I hereby agree to strictly follow all safety rules, instructions, and directions given by event officials, marshals and checkers of the host club. The participant acknowledges they are an occupier of owner's premises and owes a duty to take that care as outlined in Occupier's Liability Act, Section 3 in B.C.

I, the undersigned, have read, understood and voluntarily signed this agreement and hereby apply for admission to this event. I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN SUBSTANTIAL LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST THE RELEASEES. I SIGN THIS DOCUMENT VOLUNTARILY AND WITHOUT INDUCEMENT RELEASE & INDEMNITY AGREEMENT

Print Name: _____ Ph: _____

Signature: _____ Date: _____ Witness: _____ Date: _____



BCORCS COVID-19 SCREENING CHECKLIST – ADULT (OVER 18 YEARS OF AGE)

HOST CLUB: _____ EVENT NAME: _____

Have you

Traveled outside Canada in the last 14 days?	YES	NO
Had close contact with a case of COVID-19 in the last 14 days?	YES	NO
Have you been asked to quarantine for 14 days?	YES	NO
Are you currently waiting for a COVID-19 test result	YES	NO

Do you have any new onset (or worsening) of the following core symptoms?

Fever Temperature of 38 degrees Celsius or higher	YES	NO
Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes	YES	NO
Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO

Do you have any new onset (or worsening) of the following other symptoms?

Chills Without fever, not related to being outside in cold weather	YES	NO
Sore throat/painful swallowing Not related to other known causes/conditions	YES	NO
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or cold weather	YES	NO
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes	YES	NO
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions	YES	NO

If the answer is yes to any of the above, you will not be allowed to enter the Event area. I swear I have answered the above truthfully.

Print Name: _____ Ph: _____

Signature: _____ Date: _____ Witness: _____ Date: _____

Signature of Parent or Guardian: _____ Print Name of Parent or Guardian _____



PNWMA COVID-19 ACKNOWLEDGEMENT AND WAIVER MINOR



BCORCS COVID-19 PARTICIPANT AGREEMENT – MINOR (UNDER 18 YEARS OF AGE)

HOST CLUB: _____ EVENT NAME: _____

I agree on behalf of my minor, to abide by the following points when in attendance of a PNWMA and/or HOST CLUB Event and/or participating in activities under the PNWMA Race Resumption Plan:

- I agree on behalf of my minor, to symptom screening checks and will let my club know if he/she has experienced any of the symptoms in the last 14 days.
- I agree, on behalf of my minor, to keep the minor home if he/she is feeling sick and remain home for 14 days if experiencing COVID-19 symptoms.
- I agree, on behalf of my minor, he/she will sanitize his/her hands upon entering and exiting the event, with soap or sanitizer.
- I agree, on behalf of my minor, he/she will follow social distancing protocols of staying at least 2m away from others.
- I agree, on behalf of my minor, he/she will not share any equipment.
- I agree, on behalf of my minor, he/she will abide by all of the Host Club's and PNWMA COVID-19 Policies and Guidelines.
- I understand, on behalf of my minor, that if he/she does not abide by the aforementioned policies/guidelines, that he/she may be asked to leave the event.
- I acknowledge, on behalf of my minor, that continued abuse of the policies and/or guidelines may result in suspension of his/her PN License temporarily.
- I acknowledge, on behalf of my minor, that there are risks associated with entering the race event area and/or participating in race activities, and that the measures taken by the club and participants, including those set out above and under the **PNWMA Race Resumption Plan**, will not entirely eliminate the risk of my minor contracting COVID-19 and/or other communicable diseases.

Release & Hold Harmless Agreement:

In full or partial consideration for allowing my minor child/ward named _____ to participate in all related activities of the **EVENT**, I hereby warrant and agree that: I am the parent/guardian having full legal responsibility for decisions regarding my minor child/ward, named above; and I am familiar with and accept, on behalf of myself and my minor child/ward, that there is the risk of communicable diseases, serious injury and death in participation, whether as a competitor, spectator, official or worker, in all forms of motor sport and in particular in being allowed to enter, for any reason, any restricted area; and I have satisfied myself and believe that my minor child/ward is physically, emotionally and mentally able to participate in this **EVENT**, and that his/her protective clothing, gear and equipment is fit and appropriate for his/her use in this **EVENT**; and I understand, and will instruct my minor child/ward, that regardless of his/her role, all applicable rules for participation must be followed and that at all times the sole responsibility for personal safety remains with my minor child/ward; and I will immediately remove my minor child/ward from participation, and notify the nearest official, if at any time I sense or observe any unusual hazard or unsafe condition or if I feel that my minor child/ward has experienced any deterioration in his/her physical, emotional or mental fitness, or that of his/her protective clothing, gear or equipment, for continued safe participation in the **EVENT**.

I hereby release the PNWMA and the HOST CLUB, its officers, directors, event officials, marshals, checkers, members, agents, employees, or representative individuals from liability for any loss, damage, injury or death, **whether or not caused by negligence** to my minor. I hereby hold harmless and agree not to sue the host club or any party mentioned above. I hereby accept that this Release and Hold Harmless Agreement is intended to be as broad and inclusive as law permits. I hereby agree to strictly follow all safety rules, instructions, and directions given by event officials, marshals and checkers of the host club. The participant acknowledges they and their minor are an occupier of owner's premises and owes a duty to take that care as outlined in Occupier's Liability Act, Section 3 in B.C. **I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN SUBSTANTIAL LEGAL RIGHTS WHICH MY MINOR CHILD/WARD, HIS/HER HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS AND I AND/OR MY MINOR CHILD/WARD MAY HAVE AGAINST THE RELEASEES. I SIGN THIS DOCUMENT VOLUNTARILY AND WITHOUT INDUCEMENT.**

Print Name: _____ Ph: _____

Signature: _____ Date: _____ Witness: _____ Date: _____

Signature of Parent or Guardian: _____ Print Name of Parent or Guardian: _____



BCORCS COVID-19 SCREENING CHECKLIST – MINOR (UNDER 18 YEARS OF AGE)

HOST CLUB: _____ EVENT NAME: _____

Has the Minor

Traveled outside Canada in the last 14 days?	YES	NO
Had close contact with a case of COVID-19 in the last 14 days?	YES	NO
Have you been asked to quarantine for 14 days?	YES	NO
Are you currently waiting for a COVID-19 test result	YES	NO

Does the Minor have any new onset (or worsening) of the following core symptoms?

Fever Temperature of 38 degrees Celsius or higher	YES	NO
Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes	YES	NO
Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO

Does the Minor have any new onset (or worsening) of the following other symptoms?

Chills Without fever, not related to being outside in cold weather	YES	NO
Sore throat/painful swallowing Not related to other known causes/conditions	YES	NO
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or cold weather	YES	NO
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes	YES	NO
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions	YES	NO

If the answer is yes to any of the above, you will not be allowed to enter the Event area. I swear I have answered the above truthfully.

Print Name: _____ Ph: _____

Signature: _____ Date: _____ Witness: _____ Date: _____

Signature of Parent or Guardian: _____ Print Name of Parent or Guardian: _____



GENERAL GATE WAIVER OF LIABILITY

RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT
 BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.
 PLEASE READ CAREFULLY!

Description and location of scheduled event(s) (the "EVENT") _____
Date release signed

In full or partial consideration for allowing me to participate in all related events and activities of the **EVENT**, I hereby warrant and agree that:

1. I am familiar with and accept that there is the risk of serious injury and death in participation, whether as a competitor, student, official or worker, in all forms of motor sport and in particular in being allowed to enter, for any reason, any restricted area, and
2. I have satisfied myself and believe that I am physically, emotionally and mentally able to participate in this **EVENT**, and that my protective clothing, gear and equipment is fit and appropriate for my role as a participant in this **EVENT**; and
3. I understand that all applicable rules for participation must be followed, regardless of my role, and that at all times during the **EVENT** the sole responsibility for my personal safety remains with me; and
4. I will immediately remove myself from participation, and notify the nearest official, if at any time I sense or observe any unusual hazard or unsafe condition or if I feel that I have experienced any deterioration in my physical, emotional or mental fitness, or that of my protective clothing, gear or equipment, for continued safe participation in the **EVENT**.

I UNDERSTAND AND AGREE, ON BEHALF OF MYSELF, MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES AND NEXT OF KIN THAT MY EXECUTION OF THIS DOCUMENT CONSTITUTES:

1. AN UNQUALIFIED ASSUMPTION BY ME OF ALL RISKS associated with my participation in the **EVENT** even if arising from the negligence or gross negligence, including any compounding or aggravation of injuries caused by negligent rescue operations or procedures, of the Releasees, as that term is defined below, and any persons associated therewith or otherwise participating in the **EVENT** in any capacity; and
2. A FULL AND FINAL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS that I have, or may in the future have, against any person(s), entities or organization(s) associated in any way with the **EVENT** including the track owners and lessees, promoters, sanctioning bodies, racing associations, or any subdivision thereof, track operators, sponsors, advertisers, car owners and other participants, rescue personnel, event inspectors, underwriters, consultants and others who give recommendations, directions or instructions or engage in risk evaluation and loss control activities, regarding the **EVENT** or event premises, or any one or more of them and their respective directors, officers, employees, guides, contractors, agents and representatives (all of whom are collectively referred to as "the Releasees") from any and all liability for any loss, damage, injury or expense that I may suffer as a result of my use of or my presence at the event facilities or my participation in any part of, or my presence in any capacity at, the **EVENT**, due to any cause whatsoever, INCLUDING NEGLIGENCE, GROSS NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE RELEVANT OCCUPIERS LIABILITY ACT ON THE PART OF THE RELEASEES.
3. AN AGREEMENT NOT TO SUE THE RELEASEES for any loss, injury, costs or damages of any form or type, howsoever caused or arising, and whether directly or indirectly from my participation in any aspect(s) of the **EVENT**; and
4. AN AGREEMENT TO INDEMNIFY, and to SAVE and HOLD HARMLESS the RELEASEES, and each of them, from any litigation expense, legal fees, liability, damage, award or cost, of any form or type whatsoever, they may incur due to any claim made against them or any one of them by me or on my behalf, or that of my estate, whether the claim is based on the negligence or the gross negligence of the Releasees or otherwise as stated above.
5. AN AGREEMENT that this document be governed by the laws, and in the courts, of the Province in which the **EVENT** occurs.
6. I agree to abide by the following points when in attendance of a PNWMA and/or HOST CLUB Event and/or participating in activities under the PNWMA Race Resumption Plan inclusive of the COVID-19 Response plan and Return to Racing Protocol:
 - I agree to symptom screening checks and will let my club know if I have experienced any of the symptoms in the last 14 days.
 - I agree to stay home if feeling sick and remain home for 14 days if experiencing COVID-19 symptoms.
 - I agree to sanitize my hands upon entering and exiting the event, with soap or sanitizer.
 - I agree to follow social distancing protocols of staying at least 2m away from others.
 - I agree to not share any equipment.
 - I agree to by all of the Host Club's and PNWMA COVID-19 Policies and Guidelines
 - I understand that if I do not abide by the aforementioned policies/guidelines, that I may be asked to leave the event.
 - I acknowledge that continued abuse of the policies and/or guidelines may result in suspension of my PN License temporarily.
 - I acknowledge that there are risks associated with entering the race event area and/or participating in race activities, and that the measures taken by the club and participants, including those set out above and under the **PNWMA Race Resumption Plan**, will not entirely eliminate the risk of contracting COVID-19 and/or other communicable diseases.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN SUBSTANTIAL LEGAL RIGHTS WHICH I AND MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST THE RELEASEES.

I SIGN THIS DOCUMENT VOLUNTARILY AND WITHOUT INDUCEMENT

<i>Signature of Participant</i>	<i>Printed Name of Participant</i>	<i>Signature of Witness</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

APPENDIX C – Resources

RESOURCES:

BC Centre for Disease Control: Covid-19 Information

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

BC Ministry of Health: Restart BC Plan

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/bc-restart-plan>

BC Ministry of Health: Mass Gathering Public Health Order May 22 2020

<https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/reports-publications/covid-19-pho-class-order-mass-gatherings.pdf>

ViaSport BC: Return to Sport Guidelines for BC

<https://www.viasport.ca/sites/default/files/ReturntoSportGuidelines.pdf>

BC Ministry of Health: Ministerial Order Exemption of Liability for Amateur Sport

http://www.bclaws.ca/civix/document/id/mo/mo/2020_m183

WHO Key planning recommendations for Mass Gatherings in the context of COVID-19

<https://www.who.int/publications-detail/key-planning-recommendations-for-mass-gatherings-in-the-context-of-the-current-covid-19-outbreak>

WHO Considerations for sports federations/sports event organizers when planning mass gatherings in the context of COVID-19

https://apps.who.int/iris/bitstream/handle/10665/331764/WHO-2019-nCoV-Mass_Gatherings_Sports-2020.1-eng.pdf

WHO Guidance for the use of the WHO Mass Gathering Sports Addendum Risk Assessment tools in the Context of COVID-19

<https://www.who.int/who-documents-detail/guidance-for-the-use-of-the-who-mass-gatherings-sports-addendum-risk-assessment-tools-in-the-context-of-covid-19>

CDC Interim Guidance: Get Your Mass Gatherings or Large Community Events Ready for Coronavirus Disease 2019 (COVID-19)

<https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/mass-gatherings-ready-for-covid-19.html>

CDC Recommendation Regarding the Use of Cloth Face Coverings, Especially in Areas of Significant Community-Based Transmission

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>

CDC COVID-19 Interim Guidance for Emergency Medical Services (EMS) Systems and 911 Public Safety Answering Points (PSAPs) for COVID-19 in the United States



<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-for-ems.html>

CDC COVID-19 Symptoms/Symptoms of Coronavirus

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

CDC Community Mitigation Strategies

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/community-mitigation-strategy.pdf>

CDC Hand Washing & Hand Sanitizer Use

<https://www.cdc.gov/handwashing/when-how-handwashing.html>

CDC Mass Gathering Guidelines

<https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/mass-gatherings-ready-for-covid-19.html>

CDC How to Protect Yourself & Others

<https://www.cdc.gov/coronavirus/2019-ncov/prEvent-getting-sick/prEvention.html>



CDC Social-Distancing Guidelines

<https://www.cdc.gov/coronavirus/2019-ncov/prEvent-getting-sick/social-distancing.html>

CDC Travel Guidelines

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>

Aerosol and Surface Stability of SARS-CoV2 as Compared with SARS-CoV1 a.

<https://www.nejm.org/doi/full/10.1056/NEJMc2004973>

CDC Cleaning and Disinfection for Community Facilities

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

FDA Food Safety and the Coronavirus Disease 2019 (COVID-19)

<https://www.fda.gov/food/food-safety-during-emergencies/food-safety-and-coronavirus-disease-2019-COVID-19>

CDC Prevent the spread of COVID-19 if you are sick

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-ncov-fact-sheet.pdf>

CDC Cleaning and Disinfecting Your Facility

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

CDC Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

OSHA Guidance on Preparing Workplaces for COVID-19

<https://www.osha.gov/Publications/OSHA3990.pdf>

